

PEACE  
be  
abundance  
dance  
healing  
joy  
SING  
balance  
calm  
a  
night  
of  
song  
community  
age  
freedom  
trust  
breathe  
abundance  
PLAY  
simplicity  
LOVE

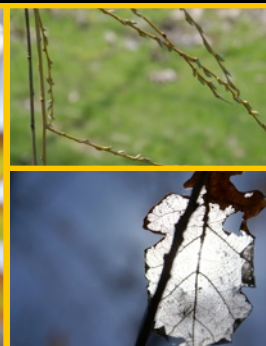
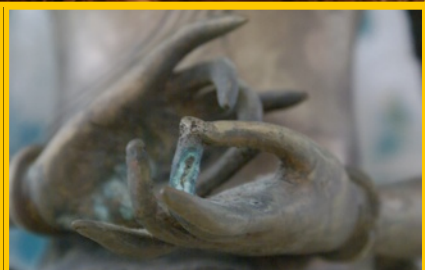
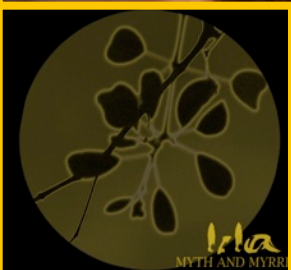
# Saturday March 27th

**8:00pm - 9:30pm**

please come early for snacks and shmoozing

**Cost: \$18.00**

Kirtan is call and response singing and is described as the yoga of song. It's great for those that love to sing (even in the shower) or listen and requires absolutely no experience! So come check out Lila's laidback style that always makes for a fun night!



**MOKSHA YOGA NORTH YORK**  
**100 Sheppard Ave. East, Suite 100 - 416-225-6767**